



WEEKLY CHEF'S SPECIALS

MONDAY, OCTOBER 12th

Free-Roaming, Antibiotic-Free Sweet & Sour Chicken with Toasted Sesame Seeds & Spinach

Free-Roaming, Antibiotic-Free General Tso's Chicken with Broccoli

Free-Roaming, Antibiotic-Free Sweet & Spicy Chicken Meatballs with Broccoli

Pasture-Raised, 100% Grass-Fed & Antibiotic-Free Spicy Beef Stir-Fry
with French Green Beans & Black Bean Sauce

Pasture-Raised, 100% Grass-Fed & Antibiotic-Free Pepper Steak Fried Rice

TUESDAY, OCTOBER 13th & WEDNESDAY, OCTOBER 14th

Free-Roaming, Antibiotic-Free Crispy Boneless Chicken Breast with Honey-Mustard Glaze

Penne with Pasture-Raised, 100% Grass-Fed & Antibiotic-Free

Beef Sausage & Roasted Red Pepper Sauce

Grilled Lemon & Pepper-Dusted Salmon Fillet

THURSDAY, OCTOBER 15th & FRIDAY, OCTOBER 16th

Free-Roaming, Antibiotic-Free Roasted Boneless Chicken Thighs

with Cilantro, Lime & Garlic Dressing

Grass-Fed & Antibiotic-Free Homestyle Lamb Stew with Roasted Farmstand Vegetables

Roasted Salmon Fillet with Sautéed Baby Tricolor Heirloom Tomatoes

*Please note all vegetables are locally-sourced from small, family farms whenever possible.
All fish is sustainably caught or farmed in ways compatible with the vitality of the Earth's oceans.*

The Kosher Marketplace

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